

"A Practical Guide To Deciding Whether Or Not To Get A Divorce"



Hi,

Thanks for requesting the 'sneak peek' into the unique eBook
"A Practical Guide To Deciding Whether Or Not To Get A Divorce".

This 'sneak peek' brought to you by Dr. Reena Sommer, Ph.D. of
<http://www.reenasommerassociates.mb.ca/>

I am confident that you will find the information in "A Practical Guide To Deciding Whether Or Not To Get A Divorce" is just what you need to make the decision that is right for you.

Here's a look inside...

All the best,

Karl Augustine

A handwritten signature in black ink that reads "Karl Augustine". The signature is written in a cursive, flowing style.

Before you read on...

This book will help you decide what you want to do with regards to your marriage. I have been there, I know it isn't easy. It is purely a matter of going back to basics and exploring emotional health.

This book is not a narrative of my personal experience, rather, it is the system I used when I was in a situation similar to yours, and it worked wonderfully. I am not saying it will work wonderfully for you, but I am 100% certain that if you take what is in this book, and you put it to good use, you will be in a position to make serious positive change happen in your life...i.e., you will be able to decide whether or not something as serious as divorce is right for you.

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Only you can decide whether divorce is the right option, but I will help you decide, guaranteed.

You should agree to do a few things before you read further...

*You should be honest with yourself and be real.

*You should take the information seriously and realize that this book isn't filled with cute anecdotes or stories...digest it all.

*You should understand that you already know what you want to do, it just hasn't hit you yet, you just need a little guidance. Be “open minded” when reading.

*You should make sure that you actually do the action items listed in the book...don't just think about them, do them. Action items will be denoted with the arrow below



*You should also understand that you aren't a bad person just because you think you want a divorce. Your spouse is not automatically a bad person because he/she may be causing you to feel this way (or so you may think), you're just people, plain and simple.

*You should also truly want to make a decision about changing your situation. Once you do this, you can actually act on that decision and not before.

*You need to make certain that you press on if there are painful feelings that come about when reading or performing the action items. The pain means it needs to be dealt with and that is a good thing. Believe me, after you have faced something difficult and fixed it or admitted there's an issue, the pain you felt getting there will seem tiny in comparison to the liberation you will feel afterwards.

If you are ready to agree to these things (and more), read on and enjoy.

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Chapter 1

The Mindset You Need To Make This Difficult Decision

You're reading this for a reason...because you have been thinking about divorce for one reason or another. Being in "limbo" is a horrible feeling because you can't really get rooted if you are in limbo...all you know is that you aren't happy and don't know what to do. You may feel stuck in a rut or feel like you are wandering aimlessly. Whatever the case, not being certain of what will happen can be tough to swallow and only contributes to your being unhappy.

Another reason that this is usually a tumultuous and arduous time for people who are in this stage of life because it usually involves self reflection and a heightened awareness that may never have been reached before in your life. I ask that you remember that this a "process", and with that comes execution of certain steps. One of those steps is to look inward at yourself...and look inward at yourself deeply.

This can be most difficult and scary, but I assure you it is healthy in the long run. If you aren't ready to do this, come back and read this book (*full version*) when you are ready because what's in these pages won't help you unless you can truly soul search.

When doing this "inward reflection", you may find out some things about yourself that you may not like. You may recall some things you had forgotten.

You may realize that this isn't all your fault or you may realize that you had a hand in leading yourself here too. Whatever happens from here on in, your mindset has to be conducive to being brutally honest to yourself. Otherwise this won't work.

Since this can be a gut-wrenching time in your life, you absolutely must realize that one serious danger you face is making the mistake of not being fully aware that people don't make clear decisions during heightened emotional times. You must remember that emotion clouds judgment and bad decisions are made when the wrong side of your brain produces something by using emotion rather than intellect. This cannot be stressed enough...when making any decision or thinking deeply about a concept, make certain that you are logical and impartial to the best of your ability.

You must be comfortable with finding flaws within yourself and realizing that those are flaws that you agree with. You must be ready to admit self guilt and self fault, or this won't work.

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You must be ready to stare fear head on. You must be ready to release the anger you may be feeling. You must be ready to stand up and say to yourself, "Guilty as charged".

You must be ready to go to the veritable edge of the emotional part of your life, because that's what this may take, maybe not. If it doesn't, all the better.

If you are truly ready to go the distance, this book **will** give you a well laid plan to making the right decision for you. Not for your partner or anyone else, only for you.

If you're ready, read on...

Chapter 2

Why Marriage Is Tough No Matter Who You Are

The true nature of marriage in itself is a tall order. Marriage is a fixed **arrangement**, a **partnership**, and a **union** unlike any other entity, ever designed, in any place or time.

The fixed arrangement piece of the marriage definition is the decision to bond in some way previously agreed upon. You took the leap knowing that there would be most likely a tough road ahead if you ever wanted to break that arrangement, if you even thought of breaking it at all.

You may have thought on some sort of business level when you agreed to the arrangement...not "business" from a financial standpoint, maybe from a "**trade-off**" standpoint. You most likely were dating and otherwise, all went extremely well, and at some point the dating alone wasn't filling the need or illuminating the love enough anymore. So, an **arrangement** was made.

The "partnership" that marriage really is demands that each party be willing to compromise on some level, otherwise the partnership won't work for any length of time. Being **partners** means that one side works with and lives with and loves the other, and vice versa. But those sides don't necessarily always think of the other before themselves and they don't have to have an unbreakable deeper bond, it is merely a matter of emotional courtesy.

The deepest and toughest part of marriage is the **union** portion. The first 2 pieces, "arrangement" and "partnership", alone are tough enough when combined...now we're adding "union" to the mix. The union of 2 people can be the most beautiful and most difficult thing ever, all at the same time.

Why? Because I believe that truly being united means that you'd give your life without hesitation for the other. It means you think of your partner first or in accordance with yourself more often than not. It means you would have no way to emotionally survive without them without serious help, pain, and hardship.

Union means that your emotional life is shaped around the other person (without losing your 'self') and you want them to enjoy your life the way you do. It means that your life is enriched because of the other person and they make you whole on an emotional and/or spiritual level.

Tall order...

No matter who you are, these 3 parts of marriage, make marriage fundamental and complicated all at the same time.

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You're human, this isn't easy. It takes work, lots of work.

In general, people are selfish and finding someone you can truly "unite" with is rare indeed. So, don't feel bad or guilty that you've reached this point, you are not alone...

Here's one thing that I find a little humorous. You could define marriage as a trickery of sorts... "trickery" because, at the time, it may have seemed like a good idea but you may not have been thinking about what it would take emotionally and legally to get out of it if need be. This is truly the epitome of irony. It was emotion that got you married in the first place and now emotion is making you feel the way you most likely do now. You have to put that emotion in check.

➔ **Action item:** List all or any (if any) of the 3 pieces of my definition of marriage that you feel is/are present in your daily life. The information you write down from this will be of use later on and is important to the ultimate outcome during this time.

Note from the author:

Hi again, Karl here...

Obviously the information you have just read is a very small piece of this book.

In the full 60 page copy, there are 16 power-packed chapters that include well over 35 **specific** and **detailed** “**Action Items**” that you can use instantly to make this decision for yourself and get on with being happy.

These “**Action Items**” will lead you down your path of decision...I personally guarantee it.

Make a smart decision right now...grab your full copy of “**A Practical Guide To Deciding Whether Or Not To Get A Divorce**” and put the “step - by - step decision - making process” to good use in a matter of minutes!

Order by clicking this link ➔ [“Use the Action Items and decide now”](#)

Karl Augustine



P.S. If you don't make a decision, you will remain unhappy. This book is recommended to clients of professionals who are educated in the field of Psychology and divorce counseling. Order here ➔ [Get your FULL copy](#)

Appendix: Recommended Resources



Dr. Lee Baucom's best selling book will help you rekindle your marriage. Dr. Baucom is a master at marriage and relationship coaching.

Click the image above to read about "Save The Marriage..."

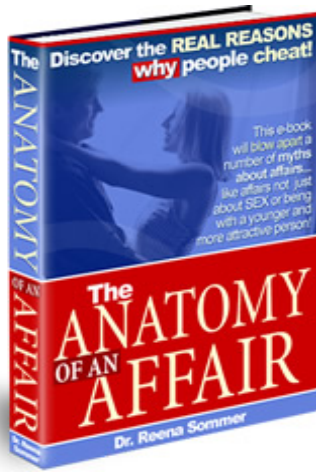


Michael Daniel takes you step by step of how to save thousands of dollars on your divorce if you unfortunately have to go that route. This book is detailed and is a must read.

Click the image above to read about "How To Legally Save Thousands..."

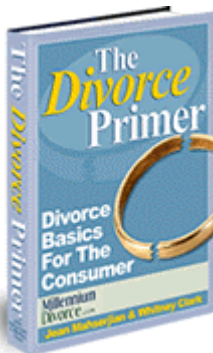
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Appendix: Recommended Resources (continued)



Dr. Reena Sommer offers “The Anatomy Of An Affair”, an in-depth eBook that outlines in detail the steps that lead to an affair. The case studies will certainly hit home if you are suspecting something's amiss!

Click the image above to read about “The Anatomy Of An Affair”



Jean M. Mahserjian is a leading divorce attorney in New York and offers a fantastic book preparing you for divorce called “The Divorce Primer”. It includes a comprehensive outline of the laws of every state on the issues of custody, child support, divorce, property division, and alimony. A fantastic eBook!

Click the image above to read about “The Divorce Primer”

Continued...

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